CHALLENGE YOURSELF at the Convention!

While you're here...
- Introduce yourself to one CNA board member
- E-mail one participant with a request
- Share a resource with someone you met

After you leave...
- Make one small change in your practice or workplace (i.e., something you could accomplish in a week)
- Present three ideas for change to your leadership for testing
- Teach lessons learned to a colleague or team back home
Please do not bring nuts of any kind to the annual meeting or convention. At least one of our members is known to have a severe airborne allergy to nuts.

Please refrain from wearing scented products in consideration of those who have allergies.

Please turn off wireless devices or set to vibrate during sessions.
June 20–22, 2016

Dear Friends:

I am delighted to extend my warmest greetings to everyone attending the Annual Meeting and Biennial Convention of the Canadian Nurses Association (CNA).

Today’s nurses are highly-trained professionals who play a vital role in our health care system. This gathering provides all those attending with an opportunity to network with their peers, participate in workshops and panel discussions, and to learn about innovative strategies to transform the way we deliver health care. I am sure that this convention — with the theme *Nurses: Driving the Shift to Primary Health Care* — will prove informative and inspiring, while the exhibits will give everyone a chance to compare the latest technologies, products and services available.

I commend the organizers for arranging a stimulating program for delegates. The Canadian Nurses Association is a strong advocate for its members, who are advancing primary health care as a way of keeping Canadians healthy and active, with a high quality of life.

Please accept my best wishes for a memorable and productive event in Saint John.

Sincerely,

The Rt. Hon. Justin P.J. Trudeau, P.C., M.P.  
Prime Minister of Canada
On behalf of the Province of New Brunswick, please accept my warmest greetings to everyone attending the Canadian Nurses Association’s convention.

Nurses are on the front lines of our healthcare system. You play a crucial role and I would like to take this opportunity to commend each of you for your dedication and skill.

Thanks to your hard work, our healthcare system provides first rate care to families across the country. Your dedication to providing the best care to patients makes a difference.

We encourage you to seize this opportunity to discover Saint John and our beautiful province. No doubt your stay will be rewarding personally, as well as professionally.

Enjoy your sessions and discussions and, again, thank you for your quality work and for organizing this wonderful convention.

Honourable Brian Gallant, Premier

Au nom de la province du Nouveau-Brunswick, je tiens à offrir mes salutations les plus chaleureuses à tous les délégués qui participent au Congrès de l’Association des infirmiers et infirmières du Canada.

Les infirmiers et les infirmières jouent un rôle de premier plan dans notre système de soins de santé. Vous jouez un rôle important et j’aimerais profiter de l’occasion pour remercier chacun et chacune d’entre vous pour votre dévouement.

Grâce à votre beau travail, nous fournissons des soins exceptionnels aux familles partout au pays. Votre dévouement pour fournir les meilleurs soins aux patients fait une différence dans notre système de soins de santé.

Je vous incite à profiter pleinement de l’occasion pour découvrir Saint John et la diversité de notre province. Je suis convaincu que votre séjour sera enrichissant sur le plan personnel et professionnel.

J’ose espérer que tous les participants sauront tirer profit des présentations et je désire remercier l’Association des infirmiers et infirmières du Nouveau-Brunswick pour les efforts qu’elle a déployés en vue d’organiser cet événement.

L’honorable Brian Gallant, premier ministre
As Minister of Health, I am pleased to welcome everyone to the Canadian Nurses Association’s 2016 Biennial Convention.

This year’s theme, *Nurses: Driving the Shift to Primary Health Care*, underscores the immense value of nursing to Canada’s health care system. This convention offers the opportunity for delegates to share promising best practices and challenges in health care.

As a fellow health practitioner, I’ve seen the vital role nurses play in our health care system. Nurses are usually the first professional who Canadians see or talk to when they seek health advice or care, 24 hours a day, seven days a week. By providing quality primary care nurses help maintain and improve the overall quality of life of Canadians. This is the foundation of our health care system and is key to the well-being of Canadians.

Our Government is committed to working together with our partners to strengthen our health care system. In January, I sat down with provincial and territorial Health Ministers to discuss the need for transformation in our health care system so that it continues to provide high quality and sustainable care, and ensure that it is more adaptable and responsive to our changing needs. We agreed to work together over the next several months on shared health priorities with the goal of concluding a new health accord.

We have also agreed to continue to work with Indigenous leaders to explore areas of shared priority to improve health care delivery for First Nations and Inuit. Improving these health outcomes requires that we continually seek to make quality health services available and accessible. Nurses, particularly in remote and isolated communities, are central to this priority.

I congratulate the Canadian Nurses Association on signing the new partnership accord with the Aboriginal Nurses Association of Canada. Such a partnership will be important in efforts to improve health care delivery to Indigenous Peoples.

Our Government thanks nurses for their dedication and professionalism in keeping Canadians safe and healthy. I also would like to thank the Canadian Nurses Association for once again hosting this biennial event.

On behalf of the Government of Canada, I wish you all a successful convention.

The Honourable Jane Philpott, P.C., M.P.
Minister of Health

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PRESIDENT’S MESSAGE

It is my distinct privilege to welcome you to CNA’s 2016 biennial convention!

It is wonderful to bring together so many from the nursing profession and the health-care community for what promises to be a solutions-focused event. Our dynamic and rich convention program would not have been possible without the expertise and enthusiasm of nurses across the country and especially our host, the Nurses Association of New Brunswick (NANB). Please join me in thanking NANB and extending congratulations on their 100th anniversary, a historic milestone to be incredibly proud of.

The 2016 convention theme is Nurses: Driving the Shift to Primary Health Care. This gathering will showcase innovative and successful ways that RNs are implementing primary health care to its full potential. I hope you are as eager as I am to exchange and gain knowledge in this area.

The primary health care approach has long been recognized as the best way to optimize health and deliver effective health services. More effective approaches to service design and delivery reflect the principles of primary health care — access, public participation, cooperation and collaboration, health promotion, chronic disease prevention and management, technology and innovation — which are proven ways of improving patient outcomes and the efficiency of care. Yet, to succeed, these principles must be implemented more widely throughout Canada. Throughout the convention, you’ll hear about the research, programs and projects, and practical experience of our peers — and gather practical ideas and insights to move primary health care forward.

This convention also marks the end of my term as president of CNA, a time that I have personally and professionally valued. Throughout my tenure, I have been fortunate to see first-hand the many instances of the power of nursing in action and to have met so many passionate and expert nurses. I would like to take this opportunity to welcome Barb Shellian to the helm of CNA. I have every confidence that she will lead this association with distinction and great commitment.

Best wishes for a wonderful convention experience!

Karima Velji, RN, PhD, CHE
President
CEO’S WELCOME

Thank you for being part of CNA’s 2016 biennial convention.

I am grateful you could take the time to join your colleagues here in Saint John, where I am sure you will enjoy some of that well-known East Coast hospitality. I would like to extend my sincere thanks to the Nurses Association of New Brunswick for their energy and collaboration in hosting this convention in conjunction with their centennial celebrations.

So many meaningful discussions, knowledge exchanges and networking opportunities are in store. Over the next few days, we’ll examine how nurses across Canada are implementing primary health care to its full potential. Special guests — like health-care expert Tim Porter-O’Grady, singer-songwriter Jann Arden, south African educator and activist Shelia Tlou, and public opinion pollster Nik Nanos — are sure to energize us all. You will also hear from nurse trailblazers who are working to champion better health for Indigenous Peoples and from millennial leaders who are ensuring the next generation embraces primary health care.

The CNA convention is, of course, your event. It’s a forum to bring your ideas forward, share your important work with nursing colleagues and learn new perspectives from your peers. And we have dynamic ways to do so. You can participate in solution labs, have a face-to-face coaching session with a top nursing leader, attend the fast-paced information-packed PechaKucha 20X20 presentations, ask experts challenging and provocative questions, and much more.

There is no shortage of interesting events awaiting you. I didn’t even mention the annual meeting of members, induction of our new president, election for president-elect, and the awards gala, where we’ll honour deserving nurses.

I wish to acknowledge the many volunteers, sponsors, speakers and CNA staff for creating this wonderful gathering. A convention of this scale would not have been possible without your dedication and commitment.

I hope the convention will leave you feeling inspired and brimming with ideas to drive that all-important shift to primary health care, which is key to assuring a healthy future for all Canadians.

All the best,

Anne Sutherland Boal, RN, BA, MHSA
Chief Executive Officer
PROGRAM AT A GLANCE

Monday, June 20
07:15-19:00  Registration and information
08:30-16:30  Annual meeting
16:45-18:00  Nurses Association of New Brunswick’s centennial reception
18:30-19:30  Convention launch: Tim Porter-O’Grady — How nurses can prepare today for their roles tomorrow
19:30-21:00  Opening reception with photo booth and exhibits

Tuesday, June 21
07:15-17:00  Registration and information
08:00-09:30  Opening ceremonies, including The Hon. Jane Philpott, P.C., M.P., Minister of Health
09:30-10:15  Opening keynote speaker: Sheila Tlou — Excellence in primary health care: The role of nurses in the sustainable development goals agenda
10:15-10:45  Networking break and exhibits
10:45-12:00  Armchair discussion — Real-world primary health care leadership
12:00-13:30  Networking lunch and exhibits
12:45-13:15  Nursing leaders coach’s corners (by appointment only)
13:30-15:00  Concurrent panel presentations
15:00-15:30  Networking break and exhibits
15:30-17:00  Concurrent solution labs and panel presentation
18:00-21:30  Awards banquet and entertainment (ticket purchase necessary)

Wednesday, June 22
07:00-08:15  Canadian Nurses Protective Society breakfast
08:00-12:00  Registration and information
08:30-09:00  Nik Nanos — Demographic forces that will shape the future of nursing
09:00-10:15  Panel discussion — Meet the millennials: A new generation of nursing leaders
10:15-10:45  Networking break and exhibits
10:45-12:15  Workshop, concurrent Solution Labs and PechaKucha 20X20 presentations
12:15-13:15  Networking lunch and exhibits
12:45-13:00  Nursing leaders coach’s corners (by appointment only)
13:15-14:30  Panel presentation — Nurse trailblazers: Primary health care in action
14:30-15:00  Networking break and exhibits
15:00-15:30  Transfer of the presidential chain of office
15:30-16:30  Closing keynote speaker: Jann Arden
16:30-17:30  Presidents’ reception
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GENERAL INFORMATION

REGISTRATION
Registration is located at the entrance to the Saint John Trade & Convention Centre.

CONVENTION DOCUMENTATION
All full-time and daily convention registrants will receive a printed version of this convention guide and documentation.

LET US KNOW WHAT YOU THINK!
An online survey will be e-mailed to you after the convention. Your responses will provide valuable information for planning future conventions, conferences and special events.

VISIT THE EXHIBITS FOR A CHANCE TO WIN PRIZES!
Use your “exhibit passport” as you visit the commercial exhibits located in the Loyalist Room. Have your passport initialed by at least 10 exhibitors and drop the ballot in one of the contest entry boxes.

EXHIBIT HOURS

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<th>Monday, June 20</th>
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NETWORKING BREAKS
Coffee and tea will be offered during the morning and afternoon networking breaks in the exhibit hall.

MESSAGES
There will be no paging of participants. Individuals wishing to contact convention participants can leave a message with hotel reception. A message board will also be available by the registration and information desk at the Saint John Trade & Convention Centre.
**BADGE IDENTIFICATION**

It is important that each registrant, speaker, guest and volunteer wear their name badge throughout the convention. It will serve as your ticket of admission to the welcoming reception and all education sessions.

**AWARDS GALA SEAT SELECTION**

Have an awards gala ticket? Select your seat early and avoid the rush! Go to the banquet registration desk in the Saint John Trade & Convention Centre to find your spot for the awards gala. Bring your friends and find a table where you can all sit together. Your ticket gets you a seat… selecting your seat early gets you the seat of your choice!

*Awards gala early seat selection is available:*

- **Monday, June 20** 12:00-19:00
- **Tuesday, June 21** 07:30-16:00

**PHOTOGRAPHY**

A photographer hired by CNA will be taking photographs of registrants and speakers during the convention. These photographs belong to CNA and may be used by CNA for promotional, education and editorial purposes.

**SIMULTANEOUS INTERPRETATION**

Simultaneous interpretation will be provided at all plenary sessions and two of the five concurrent sessions. These sessions are indicated in the program with (çi). Registrants requiring simultaneous interpretation are asked to pick up a receiver at the Freeman Audio Visual table located outside the Marco Polo room. Please return the receiver at the close of the meeting on Wednesday, or you will be responsible for its replacement cost.

**WELCOME/INFORMATION BOOTH**

The welcome/information booth will be located at the entrance to the Saint John Trade & Convention Centre near the registration desk. Drop by and pick up information on local attractions. The booth will also serve as the lost-and-found depot.

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Please **do not bring nuts of any kind** to the annual meeting or convention. At least one of our members is known to have a severe airborne allergy to nuts.

Please **refrain from wearing scented products** in consideration of those who have allergies.

Please **turn off wireless devices or set to vibrate** during sessions.
FLOOR PLANS

HILTON SAINT JOHN
Monday, June 20

07:15-19:00 **Registration and Information**
Saint John Trade & Convention Centre

08:30-16:30 **Annual meeting**
Marco Polo room, Saint John Trade & Convention Centre

16:45-18:00 **Celebrate the Nurses Association of New Brunswick’s centennial**
Join NANB as they commemorate their centennial and reminisce about nursing’s past, present and future. This event will take place at the New Brunswick Museum, Hall of the Great Whales, which features an exhibit of 100 years of the province’s nursing history. The museum is just a few steps away, accessible from Market Square. Refreshments will be served.

18:30-19:30 **Convention launch**
Tim Porter-O’Grady, senior partner, Tim Porter- O’Grady Associates
Marco Polo room, Saint John Trade & Convention Centre

Brought to you in partnership with Health Match BC

**How nurses can prepare today for their roles tomorrow**
The convention launches with Tim Porter-O’Grady, one of North America’s most widely respected and engaging health system experts. He will look at the future of health care — weighing the effects of technology, demographics and new models of care — and help us understand the evolving role of nurses. His discussion will focus on what nurses can do now and in the immediate future to ensure they are at the forefront of health-care transformation. Porter-O’Grady’s insights will ensure we have a good idea of where the Canadian health system is headed so nurses can lead the advancement of the primary health care approach.

19:30-21:00 **Opening reception and exhibits**
Loyalist and Montagu rooms, Saint John Trade & Convention Centre

After Porter-O’Grady’s insightful discussion, you’ll have plenty on your mind so be sure to join us for the opening reception, where you can mingle with your colleagues, enjoy the local cuisine and browse the exhibits. Be sure to visit our photo booth for a fun group picture!
Tuesday, June 21

Primary health care is based on five key principles:

1. Active public participation
2. Accessibility
3. Health promotion and chronic disease prevention and management
4. Technology and innovation
5. Cooperation and collaboration

The above numbers appear throughout this program to indicate the principles that each session addresses.

07:15-17:00 Registration and information
Saint John Trade & Convention Centre

08:00-09:30 Opening ceremonies
Marco Polo room, Saint John Trade & Convention Centre
Includes remarks and discussion with The Hon. Jane Philpott, P.C., M.P., Minister of Health

09:30-10:15 Opening keynote speaker
Sheila Tlou, director of the UNAIDS regional support team for eastern and southern Africa
Marco Polo room, Saint John Trade & Convention Centre

Brought to you in partnership with Walden University

Excellence in primary health care: The role of nurses in the sustainable development goals agenda
Sheila Tlou is an educator, politician and activist who will provide a unique view on how nurses can take a leadership role in the shift to primary health care. Tlou, whose HIV treatment and support program was first developed more than a decade ago (and is still widely used today), will draw on decades of experience to show how nurses can influence decision-makers and reallocate resources to get the most from health care. If the name Tlou sounds familiar, it could also be because she’s portrayed as Precious Ramotswe, the heroine of Alexander McCall Smith’s The No. 1 Ladies’ Detective Agency books, currently in amateur theatre production with a Hollywood film adaption, starring Tlou, to come soon.

10:15-10:45 Networking break and exhibits
Loyalist and Montagu rooms, Saint John Trade & Convention Centre
**10:45-12:00  Armchair Discussion: Real-world primary health care leadership**  
Marco Polo room, Saint John Trade & Convention Centre

Sheila Tlou returns for an armchair discussion with several prominent Canadian nurses. Tlou will lead the session as each participant talks about their own experience in primary health care, with a focus on take-away lessons nurses can use in their own practice settings. This will be an interactive session, with audience members invited to provide their own insights into the dialogue.

**Moderator:** Sheila Tlou  
**Participants:** Carolle Nazair, Nurse Practitioner; Karima Velji, Vice-President, Patient Care and Quality, St. Joseph’s Health Care London; Bernice Downey, Principal, Minoayawin – Good Health Consulting; Bev White, Director, Maternal Child and Population Health, Central Health, N.L.

**12:00-13:30  Networking lunch and exhibits**  
Loyalist and Montagu rooms, Saint John Trade & Convention Centre

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**PANEL PRESENTATIONS  13:30-15:00 (five to choose from)**

These panel presentations are led by nurses whose abstracts have been selected by peer review. These sessions are longer and more in-depth (60-minute oral presentation and 30 minutes for discussion), so attend the panel that interests you most.

**Mary Oland Theatre, New Brunswick Museum**

**Advocacy in action in primary health care: Opportunities and challenges for Canadian nurses**

Nurses play essential roles in advocating for more equitable, socially just primary health care (PHC) services. In this panel, four nurse leaders share exemplars of “advocacy in action” to illustrate key contextual influences shaping the need for advocacy. They will discuss why and how nurses can strengthen their positions for advocacy roles in PHC and explore with the participants tangible, innovative strategies for expanding advocacy roles and activities for nurses.

**Moderator:** Paddy Rodney  
**Presenters:** Victoria Smye, Louise Racine, Annette Browne

**Kennebecasis room 1 & 2, Hilton Saint John**

**Lessons learned from implementing multi-disciplinary primary health care into a private rural medical clinic**

This panel presentation addresses lessons learned from introducing primary health care principles and practices into a private medical clinic in northern Alberta in 2012. A nurse practitioner, physician, registered nurse and health-care leader discuss the themes of team building, development of multi-disciplinary teams, application of policy and procedures, informing and including the public and effective use of electronic health records.

**Moderator:** Johan van der Nest  
**Presenters:** Muriel Davidson, Keith Martin, Wendy McLean, Grainne Michaud

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**VISIT CNA-AIIC.CA TO READ THE FULL-LENGTH ABSTRACTS**

cna-aiic.ca/abstracts

Numbers indicate primary health care principles that each session addresses:

1. Active public participation; 2. Accessibility; 3. Health promotion and chronic disease prevention and management; 4. Technology and innovation; 5. Cooperation and collaboration
Improving the health of Aboriginal people through community-directed capacity building

Aboriginal community members in northern Alberta continue to struggle with accessing quality healthcare services. Panel presenters from the Wood Buffalo Primary Care Network in Fort McMurray, Alberta, will discuss unique approaches they use to promote and support healthier communities, and will invite participants to share their own experiences and insights. 1️⃣ 2️⃣ 3️⃣ 5️⃣

**Moderator:** Lynette Smith  
**Presenters:** Lori Apostal, Cathy Payne, Mara Nokohoo

Evaluating and optimizing nursing roles within primary care

A key element of reforming primary health care is ensuring we can measure and evaluate improvements to ensure accountability. This panel presentation will explore research activities and initiatives that seek to understand and optimize nursing contributions within primary care teams. We will also discuss implications for practice, policy, and primary health care reform. 2️⃣ 3️⃣ 4️⃣

**Moderator:** Jillian Ring  
**Presenters:** Julia Lukewich, Chrissy Rowan, Ruth Martin-Misener

B.C.’s nursing associations working together to make history

The B.C. Coalition of Nursing Associations is a unique, collaborative model that engages all four B.C. professional nursing associations and educators in one innovative and powerful forum focused on advancing policy, government relations and advocacy for all nurses in B.C. This panel will describe how the coalition has brought together a diverse membership of nurse leaders representing LPNs, RNs, RPNs and NPs and made significant progress in strengthening the voice of B.C. nurses in all domains. 1️⃣ 5️⃣

**Moderator:** Andrea Burton  
**Presenters:** Zak Matieschyn, Anita Dickson, Kathleen Fyvie, Jacqollyne Keath, Suzanne Campbell

15:00-15:30  
**Networking break**  
Loyalist and Montagu rooms, Saint John Trade & Convention Centre  
Ballroom foyer, Delta Brunswick

15:30-17:00  
**Concurrent sessions** (attend one panel or three solution labs)

Mary Oland Theatre, New Brunswick Museum (accessible from Market Square)  
**Telehealth — Supporting innovative, high impact practices, as well as nurses in driving the shift to primary health care in New Brunswick (panel presentation)**

New Brunswick is a recognized leader in implementing and sustaining innovative telehealth solutions across all levels of the health-care system. This panel session will explore: 1) how telehealth can enhance nursing practice to deliver more collaborative, responsive, patient-centric primary health care while ensuring quality care, cost effectiveness and sustainability; and 2) challenges, opportunities and roles for nurses in advancing the integration of telehealth into mainstream practice as a viable way of delivering primary health care services across various care settings in Canada. 1️⃣ 2️⃣ 3️⃣ 4️⃣ 5️⃣

**Moderator:** Stephanie Smith  
**Presenters:** Krisan Palmer, Mary Williams, Alan Bechervaise
SOLUTION LABS (attend three labs, occurring in four locations)
Solution labs are inspiring presentations given by your colleagues that showcase nurse-led primary health care innovations across the country. In the 90 minutes allotted, you’ll be able to attend three labs (each will be a 25 minute oral presentation followed by a five minute discussion).

Kennebecasis rooms 1 & 2, Hilton Saint John
Moderator: Brenda Kinney, President, Nurses Association of New Brunswick

15:30-16:00  
**Empowering Canadian nursing’s voice in environmental health**
The Canadian Nurses for Health and the Environment is designing environmental competencies and curriculum to share with nurses and educators. We will introduce this work to encourage engagement and explore ways that nursing can collaborate with others to support environmental health. 

**Presenters:** June Kaminski, Fiona Hanley

16:00-16:30  
**Wheel come to you! The rural Manitoba, nurse-led, mobile primary care clinic innovation**
A major challenge for rural Manitobans is accessing consistent primary care services without having to travel too far. Using a mobile clinic, a collaborative RN-NP team is helping individuals and families achieve optimal health and wellness by providing primary care in underserviced communities.

**Presenter:** Mike Fehr

16:30-17:00  
**Better health for all**
Through nursing leadership, support and collaboration, learn how the Mosaic Primary Care Network’s Active Adults Program embodies primary health care goals. This program supports a diverse population to achieve their health goals, connect to other health-care services and engage in healthy living in an affordable, accessible and culturally appropriate exercise program.

**Presenters:** Tannis Andersen, Christine Neal, Narinder Brar

Royal Ballroom A, Delta Brunswick Hotel
Moderator: Lucie Vachon, Nurse Advisor, CNA

15:30-16:00  
**Evidence-based safe nurse staffing: An online resource for nurses**
The Canadian Nurses Association and the Canadian Federation of Nurses Unions co-led the development of an online, evidence-based safe nurse staffing resource. Promoting evidence-based safe staffing for the nursing team is a key strategy that will lead to improved outcomes for patients, nurses, organizations and the system.

**Presenters:** Josette Roussel, Linda Silas

16:00-16:30  
**Advanced nursing practice: Conceptual framework to manage renal disease**
(delivered in French)
A case study demonstrating the role of advanced nursing practice guided by a conceptual framework applying the principles of chaos theory in a nephrology care setting.

**Presenter:** Julie Boudreau

**Numbers indicate primary health care principles that each session addresses:**
1. Active public participation; 2. Accessibility; 3. Health promotion and chronic disease prevention and management; 4. Technology and innovation; 5. Cooperation and collaboration
16:30-17:00  How technology could enable unlimited accessibility (delivered in French)
Technology could grant the general population unlimited access to an extensive range of professional information concerning health. This would serve an educational function and reduce visits to the emergency unit and walk-in clinics.

Presenters: Vicky Doiron, Anne Pelletier

Royal Ballroom B, Delta Brunswick Hotel
Moderator: Carolyn Hoffman, Executive Director, Saskatchewan Registered Nurses Association

15:30-16:00  Registered nurses’ practice and leadership in primary health care settings in rural and remote Canada
This solution lab will offer the opportunity to discuss the policy and practice implications of the results of a Canada-wide survey of over 2,000 rural and remote nurses. We will focus on the RNs’ practices in rural and remote primary health care settings, including their leadership activities within the interprofessional team.

Presenters: Martha MacLeod, Judith Kulig

16:00-16:30  Improving access to medical specialists through an innovative eConsultation service
The Champlain BASE (Building Access to Specialists through eConsultation) service improves access to specialist advice and reduces wait times by facilitating quick, secure communication between primary care providers and specialists. In this session, we will compare the patterns of use and perceived value of the service between nurse practitioners and family physicians.

Presenter: Fanny McKellips

16:30-17:00  Integrating palliative care into primary health care
To ensure accessibility in the face of increasing demand, nurses must be at the forefront of integrating palliative care into primary health care. Explore the benefits of optimizing the nurse’s role in symptom assessment and management, communication and advance care planning.

Presenters: Patty McQuinn, Melody Mayberry, Nicole Hamming

VISIT CNA-AIIC.CA TO READ THE FULL-LENGTH ABSTRACTS

NorWest Co-op: Primary care nurses and innovation
The scope of the primary care nurses’ practice at NorWest Co-op Community Health has evolved over the years to address the needs of the clients living in the northwestern part of the city of Winnipeg, who represent an ever-growing spectrum of cultural and socio-economic diversity. We will showcase how these nurses are a key point of entry to a wide range of health and wellness programs.

Presenters: Renata Cook, Jennifer Gourlay Hennig
Innovation in cancer survivorship and community-based primary health care: Promoting the roles of nurse practitioners

The growing cancer survivor population places greater demands on the health-care system as their care shifts from initial cancer treatment to survivorship. To meet the increasingly complex needs of cancer survivors, community-based care providers including nurse practitioners are assuming greater responsibility for their ongoing primary health care.

Presenter: Krista Wilkins

A nurse-led intervention for health enhancement after leaving (iHEAL) an abusive partner

We will discuss the findings of a feasibility study that demonstrated significant improvements in women’s mental health and quality of life from adopting the iHEAL approach. The principles behind this approach focus on flexible, action-oriented, strength-based primary health care intervention that helps women manage symptoms and become more strategic help-seekers.

Presenters: Judith Wuest, Kelly Scott-Storey

Banquet reception

Atrium, Market Square

Awards banquet and entertainment (ticket purchase necessary)

Marco Polo room, Saint John Trade & Convention Centre

CNA will also present its highest honour, the Jeanne Mance Award for outstanding contribution to nursing. Nurses nominated for this prestigious award have made significant and unique contributions to the health of Canadians. Their work has raised public awareness of the nursing profession and has influenced the way nursing is practised in Canada and abroad.

Also being awarded are four Orders of Merit to nursing leaders in the areas of clinical practice, education, research and policy. These nurses have made significant and innovative contributions to health care and brought increased status and public recognition to the nursing profession.

The 2015 CNA certification Employer Recognition Award will be presented to Hôpital Pierre-Le Gardeur’s oncology centre.

Afterwards, join our Nurses Association of New Brunswick hosts as they welcome you with a maritime kitchen party, showcasing East Coast hospitality and local culinary delights. The food and drink, representing local, Aboriginal, Celtic and Acadian flavours, are sure to wow your senses! And don’t forget your dancing shoes. This toe-tapping, highly energizing evening will feature a variety of New Brunswick’s finest entertainers.

VISIT CNA-AIIC.CA TO READ THE FULL-LENGTH ABSTRACTS
cna-aic.ca/abstracts

Numbers indicate primary health care principles that each session addresses:
1 Active public participation; 2 Accessibility; 3 Health promotion and chronic disease prevention and management; 4 Technology and innovation; 5 Cooperation and collaboration
Wednesday, June 22

07:00-08:15  **Canadian Nurses Protective Society (CNPS) Breakfast**  
Royal Ballrooms A & B, Delta Brunswick Hotel

*Addressing concerns and complaints: Ten strategies for an effective response*

**Speakers:** Mary Ellen Gurnham, President, Chantal L. Léonard, CEO (CNPS)

A patient, a family member, a colleague or a supervisor has complained about your care and you are asked to justify your actions. A thoughtful reaction may lead to an early resolution, while an ill-prepared response may expand the scope of the investigation or generate more severe sanctions. Where should you start? Hear what the CNPS has to say about important strategies for the best possible outcome.

Complimentary breakfast will be provided for the first 150 people.

08:00-12:00  **Registration and information**  
Saint John Trade & Convention Centre

08:30-09:00  **Demographic forces that will shape the future of nursing**

Nik Nanos, chairman of Nanos Research and global fellow at the Woodrow Wilson International Center for Scholars in Washington, D.C.  
Marco Polo room, Saint John Trade & Convention Centre

One of Canada’s most knowledgeable and engaging pollsters, Nik Nanos knows how to bring demographics to life. His talk will examine the vast changes the Canadian population has undergone and will forecast the trends he sees in the generation to come. In so doing, he will give us a fresh perspective on our health-care system — how it was built, based on an understanding of the “average Canadian,” and how primary health care can help it adjust to the new reality.

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Please **turn off wireless devices or set to vibrate** during sessions.
Meet the millennials: A new generation of nursing leaders
Marco Polo room, Saint John Trade & Convention Centre

Nurses are at the centre of advancing primary health care and the upcoming generation of nurses are well poised to meet this challenge. In this session, you’ll learn how the distinct experiences of the millennial generation of nurses have informed their career choices and expectations. Their stories offer insights into their motivations for becoming nurses and highlight their inspirational professional goals. 1 2 3 4 5

Moderator: Sheri Price, Dalhousie University nursing professor and scientist in the women’s health program at the IWK Health Centre in Halifax

Panellists: Margaret Danko, an RN in the cardiovascular intensive care unit at the Mazankowski Alberta Heart Institute; Melissa Nuttall, Vancouver Island regional director for the Association of Registered Nurses of British Columbia; Braden Davie, an RN and operations manager of the neonatal intensive care unit, IWK Health Centre, Nova Scotia; Dawn Tisdale, CNA board representative, Canadian Nursing Students’ Association

1015-10:45 Networking break
Loyalist and Montagu rooms, Saint John Trade & Convention Centre

10:45-12:15 Concurrent sessions (attend one workshop, multiple PechaKucha 20X20s or three solution labs)

Workshop (one presentation)
Royal Ballroom B, Delta Brunswick Hotel

CNA Open School on Primary Health Care
Join this interactive workshop to learn about the principles of primary health care and how you can improve your patients and clients’ health outcomes. Learn how easy it is to adopt these principles into your daily work in different health-care sectors. 1 2 3 4 5
Presenters: Lisa Ashley, Josette Roussel, Carolyn Pullen

PECHAKUCHA 20X20S (occurring in two locations)
PechaKucha 20X20 presentations are led by RNs whose abstracts were selected by a peer-review panel. These dynamic and engaging presentations allow for 20 slides, each lasting 20 seconds, for a presentation of 6 minutes and 40 seconds. Your nursing colleagues will showcase workable solutions to the problems you face every day in three topic areas.

Marco Polo room, Saint John Trade & Convention Centre
Moderator: Judy Simpson, Canadian Network of Nursing Specialties Representative on CNA Board of Directors

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Provincial Infectious Disease Advisory Committee (PIDAC) Best Practices for Infection Prevention & Control in Clinical Office Settings: A tool to help guide health-care providers in prevention of health-care-associated infections (HAI). This session will describe the importance of preventing HAI and describe the activities of Public Health Ontario to promote best practices in infection control, following a knowledge-to-action framework. 

**Presenter:** Mandy Deeves

Public perception of the nurse practitioner role in primary health care

This presentation will examine what is known about public awareness and understanding of the nurse practitioner role, how the role is communicated to the public, and barriers and facilitators associated with its promotion.

**Presenters:** Jillian Ring, Ruth Martin Misener

Nurse tele-triage and health advice in Alberta: Meeting the objectives of primary health care

Anyone in Alberta can dial 811 to access registered nurse health advice 24/7. The success in the service comes from the people-centred approach. Learn more about Alberta’s provincial nurse tele-triage line and how its services meet the objectives of primary health care.

**Presenter:** Lara Osterreicher

COPD — a community of caring

A nursing-led pilot project aimed at early diagnosis of COPD and implementation of an individualized care plan including self-management is making a difference. An integrated interdisciplinary team and primary health care approach are key to its success.

**Presenters:** Karla Faig, Kathy Anderson

Primary health care delivery in faith communities: The parish nurse model for cancer survivorship

Parish nurses are RNs positioned within a parish or similar faith community. Their practice of integrating faith and health offers a comprehensive approach to primary health care that can help cancer survivors normalize their lives and take care of their health.

**Presenter:** Krista Wilkins

Anatomy of a sharing circle

This presentation uses the speaker’s experience to examine the use of sharing circles as a way of engaging patients in care. The talk explores elements of a sharing circle and how each element may affect participants.

**Presenter:** Holly MacLean

Advancing Aboriginal health nursing through focused association activities

ARNBC has identified Aboriginal health and Aboriginal health nursing as one of its key policy priorities. Recognizing the health-care gaps for Aboriginal communities and nurturing Aboriginal leadership growth and capacity has been a key incentive for many of the programs ARNBC has established.

**Presenters:** Andrea Burton, Zak Matieschyn
10:46-10:58  
*PechaKucha as a method to encourage meaningful engagement in self-care and reflection amongst nursing students in a community health clinical course*
This presentation examines how PechaKucha 20X20 presentations can be used as an assignment in a clinical nursing course to encourage students to engage in self-care and report the results in an innovative and engaging format.  
**Presenter:** Jessica Wyllie

10:58-11:10  
*Patients’ perception of satisfaction concerning the primary health care provided by specialized nurse practitioners in the Outaouais*  
(delivered in French)
The responses of 158 patients to a questionnaire reveal very high satisfaction with the quality and style of care received from a specialized nurse practitioner. These results corroborate the conclusions of other Canadian researchers.  
**Presenter:** Chantal Saint-Pierre

11:10-11:22  
*Collaboration between primary care and community health nursing: The electronic solution*
The Royal Ottawa’s psychogeriatric outreach teams support and collaborate with primary care providers in long term care settings to provide best care for seniors experiencing mental health challenges. An electronic documentation system has generated new ways of integrating team documentation.  
**Presenters:** Beverly Holmes, Alison Middlebro, Nancy Lesiuk

11:22-11:34  
*Innovations in anticoagulation management: Promoting a culture of self-care and interdisciplinary collaboration in primary care*
This presentation provides an overview of nurse-led point-of-care anticoagulation clinics within primary care networks across Prince Edward Island. These clinics promote self-care, maintain interdisciplinary collaboration, and improve quality, access and efficiency.  
**Presenters:** Mary Nisbet, Christina Phillips, Pamela Condon, Susan Chappell, Tara Roche

11:34-11:46  
*Understanding and addressing the continuing education needs of nurses in primary care settings*
This session will discuss the development and delivery of continuing education to nurses in primary care settings in rural and remote areas using both traditional and innovative delivery strategies.  
**Presenter:** Catherine Jeffery

11:46-11:58  
*Critical values are vital — critical test management in the primary health care settings*
Medical legal claims are a rich source of patient safety information, providing important lessons regarding areas for improvement in care processes and outcomes. Claim trends and self-assessment results will be discussed within the context of the nurse’s role in the process of managing critical test results.  
**Presenter:** Lois Hales
### Nursing in the Anthropocene: Building capacity in an era of environmental uncertainty

The environmental impact of mankind on the Earth has become so monumental that geologists are contemplating a name change for our current epoch from Holocene to “Anthropocene.” This presentation will reflect on the need for nursing to re-examine the relationship between health and nature.

**Presenters:** Fiona Hanley, June Kaminski

<table>
<thead>
<tr>
<th>Solution labs (occurring in three locations, three presentations in each)</th>
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<tr>
<td>Mary Oland Theatre, New Brunswick Museum</td>
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<td><strong>Moderator:</strong> Sean Secord, Past President, Yukon Registered Nurses Association</td>
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### Change in supply of registered nurses in Canada: What does it mean?

This presentation will provide an insight into the changing supply trends for RNs over the past decade and help us understand the influencing factors such as availability of education programs, the flow of nurses from graduation to licensure, international recruitment, migration and the labour market.

**Presenters:** Andrea Porter, Babita Gupta

<table>
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<th>An interprofessional approach to post-discharge/ER visit followup: Minding the gap between acute and primary care</th>
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<td><strong>Presenter:</strong> Vicki Bassett</td>
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### Leadership for health equity: What does it take?

Using the results of a scoping review of the literature, participants will gain an understanding of the factors that contribute to leadership at individual, organizational and systems levels. Strategies to support leadership and leadership development will also be discussed.

**Presenter:** Claire Betker

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<tr>
<th>Improving access to primary care in long term care</th>
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<td><strong>Presenters:</strong> Maureen Klenk, Leah Clement</td>
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cna-aiic.ca/abstracts
11:15-11:45  **The Fredericton Downtown Community Health Centre: An innovative partnership in advancing primary health care**

We will present our integrated model of primary health care delivery by an interprofessional team providing patient-centred care and outreach services. A particular emphasis of our model is to develop innovations related to the role of nurses and nurse practitioners working to full scope of practice within that interprofessional health-care team.  

**Presenters:** Joan Kingston, Kathleen Valentine, Graeme Smith

11:45-12:15  **Increasing primary care access for residents of remote communities in northern Alberta**

This presentation explores the feasibility and sustainability of the use of telehealth in the delivery of primary health care in northern Alberta. The three-month pilot allowed patients to see a nurse practitioner through telehealth without having to leave their home community.

**Presenter:** Alison Ross

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**Moderator:** Donna Stanley-Young, Executive Director, Registered Nurses Association of the Northwest Territories and Nunavut

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**Royal Ballroom C, Delta Brunswick Hotel**

10:45-11:15  **Indigenous voices: Building capacity for culturally safe, inclusive care**

New video- and text-based tools developed by Indigenous people for Indigenous people in collaboration with the Canadian Virtual Hospice share the lived experience of people with advanced illness or those who are dying or bereft. Empowering for patients and families, the tools are also educational and promote culturally safe and inclusive care.

**Presenters:** Katherine Cullihall, Debbie Mackenzie

11:15-11:45  **Indigenous approaches to “authentic health partnerships”**

The board of directors from the newly named and longest-running Indigenous professional organization in Canada will present on their draft collaborative framework model and invite dialogue about Indigenous knowledge systems at the centre of policy, research, education and practice.

**Presenters:** Bernice Downey, Scott Ramsay

11:45-12:15  **Reclaiming our spirits: A documentary on Indigenous women and nurses working together**

This presentation will feature excerpts from a documentary about the impact of an intervention for women who have experienced violence. We adapted a nurse-led health promotion intervention called iHEAL (intervention for health enhancement after leaving) for Indigenous women living in urban contexts.

**Presenters:** Colleen Varcoe, Annette Browne

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4. Technology and innovation;
5. Cooperation and collaboration
12:15-13:15 **Networking lunch and exhibits**
Loyalist and Montagu rooms, Saint John Trade & Convention Centre

13:15-14:30 **Panel Presentation: Nurse trailblazers: Primary health care in action**
Marco Polo room, Saint John Trade & Convention Centre

This diverse panel of Indigenous nurse leaders will describe and discuss the innovative primary health care practices they have championed to support their clients. These practices include self-care of chronic diseases, rediscovering traditional skills that improve food security, and helping parents who live in rural settings navigate the health system so they can take care of their child’s complex care needs. This interactive and engaging panel will focus on the challenges faced by Canada’s Indigenous Peoples and celebrate their stories of success. This session will inspire you and give you strategies you can adapt in your own work setting. 1 2 3 4 5

**Moderator:** Dawn Tisdale, CNA board representative, Canadian Nursing Students’ Association

**Panellists:** Sherri Di Lallo, an RN and Aboriginal child health nurse coordinator at Stollery Children’s Hospital in Edmonton; Cheyenne Mary, an RN and senior clinical instructor at the University of New Brunswick’s faculty of nursing in Moncton; Shelley Francis, an RN and diabetes community consultant for the Union of New Brunswick Indians

14:30-15:00 **Networking break**
Loyalist and Montagu rooms, Saint John Trade & Convention Centre

15:00-15:30 **Transfer of the presidential chain of office**
Marco Polo room, Saint John Trade & Convention Centre

15:30-16:30 **Closing keynote speaker:** Jann Arden
Marco Polo room, Saint John Trade & Convention Centre

Brought to you in partnership with Canada Health Infoway

To many, Jann Arden is one of Canada’s most gifted singer-songwriters. What you may not know is that she’s also a brilliant storyteller and, like many Canadians, a devoted family caregiver. In her candid style, Jann will give us a captivating — and at times hilarious — account of her own health difficulties as well as her mother’s struggle with Alzheimer’s. They illustrate the unique role nurses have as they share in the most joyful, devastating and vulnerable times in a person’s life. Jann’s stories will make you remember why you chose such a challenging and rewarding career.

16:30-17:30 **Presidents’ reception**
Montagu Rooms, Saint John Trade & Convention Centre

Your chance to thank our outgoing president, welcome the incoming president and congratulate the president-elect
INNOVATION STATIONS
Montagu Rooms, Saint John Trade & Convention Centre

STATION 1  Provincial diabetic foot screening program
This display will demonstrate the use of a provincial foot screening tool in a primary care centre. The project involved a multidisciplinary approach and some of the outcomes will be presented along with implications for the future. 1 2 3 5
Presenter: Dorothy Dewar

STATION 2  Canadians taking primary health care into their own hands: The role of independent nurse-assisted advocacy and navigation
Nurse On Board is a nurse-led initiative that was created to support clients by facilitating competent and ethical care. It acts as a liaison between the client, their family, care providers and community agencies. Case studies and surveys demonstrate improved primary health care as a direct result of support from independent nurse advocates. 1 3
Presenters: Susan Hagar, Lynn Joseph

STATION 3  Evaluating primary health care performance
The key goals of this presentation are to re-emphasize the vital role of evaluation in the provision and planning of primary health care and to increase nurses’ competencies in using such evaluation resources. 2 5
Presenter: Virginia Gunn

STATION 4  Advancing evidence-based practice in primary care through a mentorship program
Our presentation will describe a successful program in B.C. that encourages point-of-care nurses to lead practice-based research projects. The program supports nurses by providing mentors, funding and assistance in interpreting and reporting evidence. This improves evidence-based practice and patient care. 1 5
Presenters: Agnes Black, Leanne Heppell

STATION 5  Predicting success: An analysis of the characteristics of applicants to the York University primary health care nurse practitioners program
This study explored the information supplied by successful applicants to this Ontario university program to explore relationships between these variables and success on the first writing of the nurse practitioner registration exam. Results may inform admission requirements in the future. 2 4
Presenters: Elsabeth Jensen, Shelley Walkerley

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STATION 6  **Teleoncology: Expanding telehealth within primary health care**

Teleoncology has helped ensure patients are seen by an oncologist or a general practitioner in oncology prior to each cycle of chemotherapy, which is a national clinical standard. This method of care delivery has greatly diminished the need for patients to travel and for oncologists to visit outlying areas. 1 2 3 4 5

**Presenters:** Krisan Palmer

STATION 7  **Motivating nurses towards specialty care in the community**

This presentation will review motivations for nurses to obtain CNA oncology and palliative care certification. Literature and quantitative and qualitative data will be used to highlight the broader clinical implication of specialized nursing workforce in primary health care. 3 4

**Presenter:** Komal Patel

STATION 8  **Telestroke: Evolving and disrupting the boundaries of traditional health-care delivery in New Brunswick**

Telestroke is an innovative, province-wide system for delivering evidence-based acute stroke care and thrombolytic therapy using state-of-the-art telehealth technology and processes. It helps to improve health by increasing access to quality stroke care in the hyperacute setting while reducing the burden of care for patients. 1 2 3 4 5

**Presenters:** Darlene DeCourcey

STATION 9  **Scoping literature review: Parish nursing spiritual care**

Spiritual care is a key part of primary health care and positively influences health outcomes. It remains core to parish nurses’ holistic practice and can help inform standards of practice, competencies, nursing education and best practice. 1 2 3 5

**Presenter:** Denise LeBlanc-Kwaw

STATION 10  **Expanding key roles for nurses in community-based primary health care: Innovative strategies to strengthen primary care**

Nurses are ideally positioned to fill a gap in the primary health care sector through the provision of primary care. Our research reveals ways that nurses can increase access to care and improve comprehensiveness and coordination of health services. 1 2 3 5

**Presenter:** Ruth Martin-Misener

STATION 11  **Educating future nurses to advance primary health care through effective use of consumer health solutions**

The Canadian Association of Schools of Nursing created the digital health faculty peer network to help ensure that nursing graduates of the future make the best use of information and communication technologies in the delivery of clinical care. The presentation will focus on the network’s development of a consumer health solutions resource. 1 2 3 4

**Presenter:** Cynthia Baker
STATION 12  **Staff-to-patient ratio**
This poster will present recent work by the Canadian Institute for Health Information (CIHI) to investigate the development of a staff-to-patient ratio that measures the number of patients cared for per staff member. Such a standard could be used to help examine staffing, safety, quality of care and the health of staff themselves. 

**Presenters:** Andrea Porter, Babita Gupta

STATION 13  **Emplo​y​ing primary health care: Building capacity to enhance clinical teaching**
The presentation will describe how an online resource was used to build capacity of clinical instructors that, in turn, supported students in a collaborative nursing program.

**Presenter:** Fabiola Longo

STATION 14  **Implementation of best practice guidelines related to pain management in a New Brunswick hospital**
Post-operative pain is poorly managed in hospitals. Only 30% of prescribed medications are administrated and 50% of patients say they experience moderate to severe pain after surgery. This study will evaluate a best practice guideline on pain, which was implemented with nurses on two surgical units.

**Presenter:** Josée Morin

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SPEAKERS

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Jann Arden
RN, BScN

Margaret Danko
RN, BScN

Braden Davie
RN, BSN

Sherri Di Lallo
RN, BScN, MN

Bernice Downey
BScN, PhD

Shelley Francis
RN, BN, CDE

Cheyenne Mary
RN, BScK, BScN, MPH, CCHN(C)

Nik Nanos
FMRIA

Carolle Nazair
BN, MSN, PHCNP

Melissa Nuttal
RN, BScN

Tim Porter-O’Grady
DM, EdD, ScD (h.c.), APRN, FAAN, FACCWS

Sheri Price
RN, PhD

Dawn Tisdale

Sheila Tlou

Bev White
RN, BN, MScN, CCHN(C)
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To ensure that all certified RNs who are due to renew by April 2016 continue in good standing, CNA has extended the renewal deadline to the end of 2016.

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