



CANADIAN  
NURSES  
ASSOCIATION



## NURSING AND ENVIRONMENTAL HEALTH: RESOURCES

The Canadian Nurses Association (CNA) supports nurses in addressing environmental health in all domains of nursing practice. CNA is committed to engaging nurses in environmental health and providing them with the tools they need to practise in this area.

### **Three Components of Environmental Health**

CNA created the Environmental Health Reference Group to identify components of environmental health that are important to nurses. This group of 35 nurses from across Canada guided the initiative and included faculty from schools of nursing and representatives of CNA's associate and jurisdictional members. It has since expanded to include other interested nurses and has been renamed the Canadian Nursing Environmental Health Group.

#### ***Environmental Health Principles:***

A nursing overview of environmental factors that influence the health of individuals, families and communities

#### ***Greening the Health System:***

The role of nurses in relation to the environmental impact of health-care facilities, including energy use and waste generation

#### ***Climate Change:***

Nursing actions related to climate change and its impact on health

## TOOLS AND RESOURCES



Each component has a **background paper** to help nurses increase their understanding of the links between health and the environment, as well as an **educational module** to use to teach the concepts. Each module – developed by CNA in partnership with the Canadian Association of Schools of Nursing – includes objectives, a reading list and a PowerPoint presentation. **Videos** present perspectives from experts and the public on the impact that the environment has on our health.

All of the tools are bilingual and available on CNA's website at <http://environment.cna-aiic.ca>. You may download and use any tool to support your practice.

## OTHER RESOURCES ON THE WEBSITE



- A list of Canadian and international environmental health websites
- Results of the CNA survey of Canadian nurses on experiences related to environmental health
- A report on greening CNA House
- A presentation toolkit
- CNA position statements
- Workshop reports on environmental health and on climate change

***The Environment and Health: What Nurses Can Do***  
***<http://environment.cna-aiic.ca>***